

Tanta University Faculty of Physical Education

Post-Graduate Students' Guide

Diploma Master PhD.



Contents

- Post-Graduate Studies Guide for Students who are willing to be registered in post graduate studies
- First: General Diploma:
- Second: Master's degree in physical education
- Third: PhD Degree in Physical Education
- General Provisions
- General provisions for typing and printing Master and PhD theses in Tanta university
- Post graduate studies library:
- Regu<mark>l</mark>ation for Publication in the Scientific Journal of Physical Education Sciences
- Educational Technology Lab
- The Internet Unit

History of Post Graduate Studies at The Faculty of Physical Education Tanta University

Study began at the faculty in the academic year 1982/1982 as a department at the Faculty of Education.

The faculty awarded the scientific degrees according to the internal regulations of the Faculty of Education – Tanta University as follows:

- General Diploma (Sports Training Branch).
- General Diploma (School Sports Branch).
- General Diploma (Educational Branch).
 - Master's degree in physical education (Sports Training Branch).
- Master's degree in physical education (Sports Administration Branch).
- PhD degree in physical education (Sports Training Branch).
- PhD degree in physical education (Sports Administration Branch).

The Presidential Decree no. 287 established the Faculty of Physical Education – Tanta University and the faculty continued to award the previously mentioned degree.

The Ministerial Decree no. 1677 in 28/10/1996 applied the internal regulations of the faculty on the newly recruited students for the academic year 1999/2000, approved by the University Council in 29/6/1999.

According to the new internal regulations, the faculty now awards the following degrees:

- 1- General Diploma in Physical Education.
- 2- Master's degree in physical education.
- 3- PhD degree in Physical Education.

These internal regulations are valid up till now.

Post-Graduate Studies Guide for Students who are willing to be registered in post graduate studies

First: General Diploma:

(One Year)

Registration Provisions:

Article 18:

To register for gaining Diploma, the student should fulfill the following:

- 1- Having the bachelor's degree in physical education from any of the Egyptian Universities or an equivalent for that degree from any recognized institution.
- 2- Having a field experience (not less than two years) at the field he\she is willing to study after gaining the bachelor's degree on condition that the faculty council approves this experience.
- 3- Having an approval of his work to be free for study at least for two days a week.
- 4- To administer his\her application on announcement. Applications will be reviewed by the post-graduate studies committee for approval then sent to the faculty council for final approval.

Article 19:

Study period for gaining a diploma in physical education is one academic year (not less than 30 weeks).

Article 22:

To attend final tests, the student should fulfill an attendance rate (punctuality) that is not less than 75% of study days.

Article 23:

Success grades are calculated in each of the study courses and the general grade as follows:

- Excellent (90% or more of total marks).
- Very Good (from 80% to less than 90% of total marks)
- Good (from 70% to less than 80% of total marks).
- Fair (from 60% to less than 70% of total marks).
- Fail (if the student got less than 60% of total marks).

Students with (Fail) grade are given only one chance to repeat studying and testing in all courses the next year.

Required paper:

- Filling the registration form (provided at the post-graduate studies dept) in good and clear handwriting.
- General secondary certificate (or an equivalent).
- An admission of not working for full-time students, signed and stamped with the Republic Stamp.
- An approval of work institution for students who work.
- At least two years of experience in the required specialty (approved and stamped).
- (6) Recent personal photos.
- Paying of registration fees and charges (259.65 L.E.) on administering papers + (3 L.E.) for covering ID.
- Paying of the computer and internet skills course fees.
- An envelope for holding papers.
- Full name, date of birth and address should be written on the envelope with good and clear handwriting.

Diplomas in physical education are awarded in one of the following fields:

- 1- Sports Training (in a chosen sports activity).
- 2- Scholastic sports.
- 3- Sports facilities administration.
- 4- Sports injuries.
- 5- Handicapped sports.
- 6- Recreational sports in sports facilities.

Curricula of General Diploma in Sports Training

Curriculum	Wee lecture	kly Hrs. applicatio n	Fina 1 mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of writte n test
Introduction in sports training	2	-	100	60	30	70	3 Hrs.
Sports training psychology	2	امنة ا	100	60	30	70	3 Hrs.
Sports training physiology	2	5018	100	60	30	70	3 Hrs.
Motor basics of sports training	2	N7. 74	100	60	30	70	3 Hrs.
Sports training as a career	2		100	60	30	70	3 Hrs.
Basics of beginner's identificatio n	2		100	60	30	70	3 Hrs.
Specialized applications	4	-(100	60	30	70	3 Hrs.
	16	- (800	480	100		

Curricula of General Diploma in Scholastic Sports

		_				_	
Curriculum	Wee lectures	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Introduction in scholastic sports activities	2	-	100	60	30	70	3 Hrs.
Physical education methodology and curricula	2	-	100	60	30	70	3 Hrs.
Problems of scholastic sports	2	امین ل	100	60	30	70	3 Hrs.
Sports teaching as a career	2	2018	100	603	30	70	3 Hrs.
Educational systems and issues	2	7.34	100	60	30	70	3 Hrs.
Sports activities outside lessons	2	36.	100	60	30	70	3 Hrs.
Specialized applications	4	7-01	100	60	30	70	3 Hrs.
	16	\ \	800	480			p Bat

Curricula <mark>of General Diploma in Spor</mark>ts Facilities Administration

	Wee	kly Hrs.	Final	Minimal	Annual	Written	Timing of
Curriculum	lectures	application	mark	mark	Annual works	test	written test
Introduction in Scientific administration	2		100	60	30	70	3 Hrs.
Sports rules and legislations	2	Valen	100	60	30	70	3 Hrs.
National and international sports organizations	2	FACI	100	60	30	70	3 Hrs.
Introduction in sports media	2	-	100	60	30	70	3 Hrs.
Sports administration as a career	2	-	100	60	30	70	3 Hrs.
Research methodology in sports administration	2	-	100	60	30	70	3 Hrs.
Specialized applications	4	-	100	60	30	70	3 Hrs.
	16	-	800	480			

Curricula of General Diploma in Handicapped Sports

Curriculum		kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Introduction in handicapped sports		-	100	60	30	70	3 Hrs.
Physical handicaps	2	-	100	60	30	70	3 Hrs.
Sports activities for handicapped	2	-	100	60	30	70	3 Hrs.
Sports rehabilitation for handicapped	2	-	100	60	30	70	3 Hrs.
Sports competitions for handicapped	2	ومين	100	60	30	70	3 Hrs.
First aids	2) P	100	60	30	70	3 Hrs.
Specialized applications	94	JOJA 6	100	60	30	70	3 Hrs.
	16	-	800	480	4	/ _°	

Curricula of General Diploma in Sports Recreation

Charlistalian	Wee	kly Hrs.	Final	Minimal	Annual	Written	Timing of
Curriculum	lectures	application	mark	mark	works	test	written test
Introduction	2		100	60	30	70	3 Hrs.
in sports recreation			100	00	30		3 1118.
Spare time activities	2	_	100	60	30	70	3 Hrs.
programs	6				, S	3//	
Out-doors			100	60	20	70	2.11
recreation activities	2	2	100	60	30	70	3 Hrs.
Recreational programs	2	FAC	100	60	30	70	3 Hrs.
Sports recreation as a	2.		100	60	30	70	3 Hrs.
career	2		100	00	30	70	3 1113.
Recreational education	2	-	100	60	30	70	3 Hrs.
Specialized applications	4	-	100	60	30	70	3 Hrs.
	16	-	800	480			

Second: Master's degree in physical education

Article 25:

Upon the request of the Faculty of Physical Education's Council, Tanta University Council awards the master's degree in physical education and specifies the specialty on certificates.

Article 26:

Study period for gaining the master's degree is not less than two academic years. Thesis can be discussed only after at least one year of the registry date of the thesis topic by the faculty council and after passing all required tests. Thesis topic should not be registered until the student successfully passes the required tests of the first year.

Article 27:

For gaining the master's degree, the student should fulfill the following:

- 1- Gaining the bachelor's degree of physical education from any of the Egyptian universities or any recognized institute with (Good) grade at least. The student should not exceed a 8-year period after gaining the bachelor degree unless he\she gained one of the post-graduate diplomas with (good) grade at least.
- 2- Administering the application form to the faculty on announcement. The application will be discussed at the concerned department council for approval before final approval of the faculty council.
- 3- The student should be free for study for at least three days a week.

4- Any other conditions specified by the faculty council for preference to choose the required numbers of students.

Article 28:

For gaining the master's degree, the student should continue his\her studies and research for at least two years according to the following conditions:

- 1- To successfully pass all the study courses specified by the department council and faculty council (as shown in the appended tables). To attend final tests, the student should fulfill an attendance rate (punctuality) that is not less than 75% of study days. The faculty council has the right to add or remove any study courses upon the recommendations of the departments' councils.
- 2- To successfully pass a foreign language course with the level and system specified by the faculty council.
- 3- Success grades are calculated in each of the study courses and the general grade as follows:
- Excellent (90% or more of total marks).
- Very Good (from 80% to less than 90% of total marks)
- Good (from 70% to less than 80% of total marks).
- Fair (from 60% to less than 70% of total marks).
- Fail (if the student got less than 60% of total marks).
- Students with (Fail) grade are given only one chance to repeat studying and testing in all courses the next year.
- 4- The student makes research on a topic of his\her choice, approved by the faculty council after the

approval of the concerned department council. Research results should be administered in a thesis accepted by the discussion and judgment committee after a public discussion. Discussion takes place after at least one year of the faculty council approval date for the student's registration.

- 5- In case of making radical changes on the research topic, the new approval date of the faculty council is considered as the new registration date. The student has the right to re-register only once.
- 6- Research supervisor has to introduce a progress report about the student's progress in research. He\she is also requested to introduce a report of research validity for discussion to the concerned department council.
- 7- The discussion and judgment committee has the right to return the thesis back to the student to make any necessary completions seen by the committee and to specify the time needed for these completions.

Article 29:

The student's registration for the master's degree is canceled in one of the following cases:

- 1- If he\she does not pass the required tests, according to article 28 of this regulation.
- 2- If he\she fails to gain the degree during three years from the registration date unless the faculty council gives an extension for one year upon a reasonable recommendation from the supervisor after her approval of the concerned department council.
- 3- If the discussion and judgment committee totally reject the thesis and asks for canceling registration.

- 4- If the supervisor (or major supervisor in case of multiple supervisors) introduces two reports in row about the student's lack of seriousness to finish the research after the approval of the faculty council and the concerned department council and officially informing the students.
- 5- If the student asks for canceling his\her registration or drops off study for two academic years.

The master's degree in physical education is awarded in one of the following specialties:

- 1- Physical education methodology.
- 2- Sports administration.
- 3- Sports training (in a chosen activity).
- 4- Sports health.
- 5- Sports psychology.
- 6- Sports recreation.
- 7- Sports biomechanics.

Physical Education Methodology

First Year

	Wee	kly Hrs.					Timing
Curriculum	lectures	application	Final mark	Minimal mark	Annual works	Written test	of written test
Statistics	2	-	100	60	30	70	3 Hrs.
Advanced studies in physical education methodology	2	مية لا	100	60	30	70	3 Hrs.
Comparative physical education	2	- 3-	100	60	30	70	3 Hrs.
Research methods	2	100	100	60	30	70	3 Hrs.
Physical education curricula	2	9-0	100	60	30	70	3 Hrs.
Specialized applications	2		100	60	30	70	3 Hrs.
	12		600	360		K	

Second year

	Wee	kly Hrs.	Fi 1	No. 1			Timing
Curriculum	lectures	application	Final mark	Minimal mark	Annual works	Written test	of written test
Testing and measurements in scholastic sports	2	P. FACI	100	0 60	30	70	3 Hrs.
Sports activities methodology	2	-	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Advanced studies in sports psychology	2	-	100	60	30	70	3 Hrs.
Physical educational technology	2	-	100	60	30	70	3 Hrs.
	10	2	600	360			

Sports Training First Year

	Wee	kly Hrs.	Fina		Annua		Timin
Curriculum	lecture s	applicatio n	l mar k	Minima l mark	l works	Writte n test	g of written test
Statistics	2	-	100	60	30	70	3 Hrs.
Advanced studies in sports training	2	امية ر	100	60	30	70	3 Hrs.
Basics of beginners training	2	2018	100	603	30	70	3 Hrs.
Research methods	2	15-6	100	60	30	70	3 Hrs.
Sports training physiology	2		100	60	30	70	3 Hrs.
Specialized application s	2	1	100	60	30	70	3 Hrs.
	12		600	360		2	

Second year

Curriculum	lecture s	kly Hrs. applicatio	Fina 1 mar k	Minima l mark	Annua 1 works	Writte n test	Timin g of writte n test
Testing and measurement s in sports training	2	TY FACI	100	0 60	30	70	3 Hrs.
Biomechanic s (2)	2	-	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Training and competition psychology	2	-	100	60	30	70	3 Hrs.
Physical preparation (2)	2	-	100	60	30	70	3 Hrs.
	10	2	600	360		<u>-</u>	-

Sports Administration First Year

Curriculum	lectures	kly Hrs.	Final mark	Minimal mark	Annual works	Written test	Timing of written test
							iesi
Statistics	2	-	100	60	30	70	3 Hrs.
Advanced studies in sports administration	2	ومبن	100	60	30	70	3 Hrs.
Sports media and public relations (2)	2	5018 C	100	60	30	70	3 Hrs.
Research methods	2	17.	100	60	30	70	3 Hrs.
Sports rules and legislations (2)	2		100	60	30	70	3 Hrs.
Specialized applications	2	<u> </u>	100	60	30	70	3 Hrs.
9	12		600	360			

Second year

Curriculum	Wee	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Testing and measurements in sports training	2	FACI	100	60	30	70	3 Hrs.
Sports competitions management	2	-	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Leadership and sports group psychology	2	-	100	60	30	70	3 Hrs.
Specialized administration	2	-	100	60	30	70	3 Hrs.
	10	2	600	360	•		

Sports Health First Year

	Wee	kly Hrs.					Timing
Curriculum			Final	Minimal	Annual	Written	of
Curriculum	lectures	application	mark	mark	works	test	written
							test
Statistics	2	-	100	60	30	70	3 Hrs.
Advanced							
studies in sports	2	-	100	60	30	70	3 Hrs.
physiology		00		as.			
Advanced	0	V Cran	, n		10		
studies in sports	2	~ 018 m	100	60	30	70	3 Hrs.
health	. A Day	. 1010 6		7/0	C/La		
Research	\mathbf{O}_2		100	60	30	70	3 Hrs.
methods	- 2	7.	100	00	30	70	3 1115.
Applied sports	2	150	100	60	30	70	3 Hrs.
physiology			100	00	30	70	3 1115.
Internationally	600	01		100	0		
prohibited	2	-	100	60	30	70	3 Hrs.
drugs	1/						Clo
7.	12		600	360			

Second year

	Wee	kly Hrs.				Ħ	Timing
Curriculum	lectures	application	Final mark	Minimal mark	Annual works	Written test	of written test
Testing and measurements in sports health	2	The state of the s	100	60	30	70	3 Hrs.
Advanced studies in sports health (2)	2	FAC	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Advanced studies in posture education	2	-	100	60	30	70	3 Hrs.
Physiological measurements	2	-	100	60	30	70	3 Hrs.
	10	2	600	360			

Sports Psychology First Year

Curriculu m	lecture s	kly Hrs. applicatio n	Fina 1 mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of written test
Statistics	2	-	100	60	30	70	3 Hrs.
Advanced studies in sports psycholog y	2	مین او ۱۱۵م	100	60	30	70	3 Hrs.
Sports motivation	2	2	100	60	30	70	3 Hrs.
Research methods	2	15:	100	60	30	70	3 Hrs.
Psycholog y of sports character	2	-	100	60	30	70	3 Hrs.
Applied sports psycholog y	2	1	100	60	30	70	3 Hrs.
	12	-	600	360		TI.	

Second year

Curriculum	lecture s	kly Hrs. applicatio	Fina 1 mar k	Minima 1 mark	Annua l works	Writte n test	Timin g of writte n test
Testing and measurement s in sports psychology	2	FACI	100	60	30	70	3 Hrs.
Higher mental operations	2	-	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Psychologica 1 counseling and guidance	2	-	100	60	30	70	3 Hrs.
Leadership and sports group psychology	2	-	100	60	30	70	3 Hrs.

1 /

	10	2	600	360			
--	----	---	-----	-----	--	--	--

Sports Recreation First Year

Curriculum	Wee lecture s	kly Hrs. applicatio n	Fina 1 mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of writte n test
Statistics	2	-	100	60	30	70	3 Hrs.
Advanced studies in sports recreation	2	2018	100	60	30	70	3 Hrs.
Youth care	2	-	100	60	30	70	3 Hrs.
Research methods	2	19-2	100	60	30	70	3 Hrs.
Sports recreation evaluation	2	-)	100	60	30	70	3 Hrs.
Application s	2		100	60	30	70	3 Hrs.
3:	12		600	360			VA

Second year

Curriculum	lecture s	applicatio	Fina 1 mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of writte n test
Testing and measurement s in sports recreation	2	TV. FACI	100	60	30	70	3 Hrs.
Recreational education	2	_	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Management of recreation	2	-	100	60	30	70	3 Hrs.
Recreation psychology	2	-	100	60	30	70	3 Hrs.
	10	2	600	360			

Sports Biomechanics First Year

Curriculum	lecture s	kly Hrs. applicatio n	Fina 1 mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of writte n test
Statistics	2	-	100	60	30	70	3 Hrs.
Basics of biomechanics	2	ومين	100	60	30	70	3 Hrs.
Kinematical analysis (2)	2	7078 C	100	60	30	70	3 Hrs.
Research methods	2	91.11	100	60	30	70	3 Hrs.
Biomechanic al characteristic s of the motor system	2	19.	100	60	30	70	3 Hrs.
Applied biomechanics	2	1	100	60	30	70	3 Hrs.
	12	-	600	360		7	

Second year

Curriculum	lecture s	kly Hrs. applicatio n	Fina 1 mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of writte n test
Testing and measurement s in biomechanics	2	FACI	100	60	30	70	3 Hrs.
Biomechanic al principles	2	-	100	60	30	70	3 Hrs.
Seminar	2	2	200	120	60	140	3 Hrs.
Motor expression	2	-	100	60	30	70	3 Hrs.
Motor development	2	-	100	60	30	70	3 Hrs.
	10	2	600	360			

Τ.

Third: PhD Degree in Physical Education

Article 30:

Upon the request of the Faculty of Physical Education's Council, Tanta University Council awards the PhD Degree in Physical Education and specifies the specialty on certificates.

Article 31:

Study period for gaining the PhD degree is not less than three academic years.

Article 32:

For gaining the PhD degree, the student should fulfill the following:

- 1- Gaining the master's degree of physical education from any of the Egyptian universities or any recognized institute.
- 2- Administering the application form to the faculty on announcement. The application will be discussed at the concerned department council for approval before final approval of the faculty council.
- 3- Successfully passing the qualification test.
- 4- The student should be free for study for at least three days a week.
- 5- Any other conditions specified by the faculty council for preference to choose the required numbers of students.

Article 33:

The student has the right to register immediately after passing the first-year tests. Time period between passing and registration should not exceed two years.

Article 34:

For gaining the PhD degree, the student should continue his\her studies and research for at least two years according to the following conditions:

- 1- To successfully pass all the study courses specified by the department council and faculty council (as shown in the appended tables). To attend final tests, the student should fulfill an attendance rate (punctuality) that is not less than 75% of study days. The faculty council has the right to add or remove any study courses upon the recommendations of the departments' councils.
- 2- To successfully pass a foreign language course with the level and system specified by the faculty council.
- 3- Success grades are calculated in each of the study courses and the general grade as follows:
- Excellent (90% or more of total marks).
- Very Good (from 80% to less than 90% of total marks)
- Good (from 70% to less than 80% of total marks).
- Fair (from 60% to less than 70% of total marks).
- Fail (if the student got less than 60% of total marks).
- Students with (Fail) grade are given only one chance to repeat studying and testing in all courses the next year.
 - 4- The student makes research on an innovative topic of his\her choice, approved by the faculty council

- after the approval of the concerned department council. Research results should be administered in a thesis accepted by the discussion and judgment committee after a public discussion. Discussion takes place after at least two years of the faculty council approval date for the student's registration.
- 5- In case of making radical changes on the research topic, the new approval date of the faculty council is considered as the new registration date. The student has the right to re-register only once.
- 6- Research supervisor has to introduce a progress report about the student's progress in research. He\she is also requested to introduce a report of research validity for discussion to the concerned department council.
- 7- The discussion and judgment committee has the right to return the thesis back to the student to make any necessary completions seen by the committee and to specify the time needed for these completions.

Article 35:

The student's registration for the PhD degree is canceled in one of the following cases:

- a. If he\she does not pass the required tests, according to article 34 of this regulation.
- b. If he\she fails to gain the degree during four years from the registration date unless the faculty council gives an extension for one year upon a reasonable recommendation from the supervisor after he approval of the concerned department council.

- c. If the discussion and judgment committee totally reject the thesis and asks for canceling registration.
- d. If the supervisor (or major supervisor in case of multiple supervisors) introduces two reports in row about the student's lack of seriousness to finish the research after the approval of the faculty council and the concerned department council and officially informing the students.
- e. If the student asks for canceling his\her registration or drops off study for two academic years.

The master's degree in physical education is awarded in one of the following specialties:

- Physical education methodology.
- Sports administration.
- Sports training (in a chosen activity).
- Sports health.
- Sports psychology.
- Sports recreation.
- Sports biomechanics.

Physical Education Methodology

First Year

	Wee	kly Hrs.	Final	Minimal	Annual	Written	Timing of
Curriculum	lectures	application	mark	mark	works	test	written test
Advanced Statistics	2	-	100	60	30	70	3 Hrs.
Physical education philosophy	2		100	60	30	70	3 Hrs.
Advanced studies in physical education methodology (2)	12,0	2018	100	60	30	70	3 Hrs.
Contemporary physical educational trends	2	19.	100	60	30	70	3 Hrs.
Computer	2		100	60	30	70	3 Hrs.
Advanced studies in physical educational technology	2		100	60	30	70	3 Hrs.
Advanced studies in health			100	60	30	7 0	3 Hrs.
	16	-//	800	480	7	₹	

Second year

	Wee	kly Hrs.	E: 1	3.61 1	2		Timing
Curriculum	lectures	application	Final mark	Minimal mark	Annual works	Written test	of written test
Evaluation in physical education	2	PACI	100	60	30	70	3 Hrs.
Applications (methodology)	2	-	100	60	30	70	3 Hrs.
Seminar	2	4	200	120	60	140	3 Hrs.
School administration	2	-	100	60	30	70	3 Hrs.
Professional development (teacher preparation)	2	-	100	60	30	70	3 Hrs.
Advanced studies in sports psychology	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			

Sports Training First Year

Curriculum	lectures	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Advanced Statistics	2	-	100	60	30	70	3 Hrs.
Physical education philosophy	2	ı	100	60	30	70	3 Hrs.
Advanced studies in sports training	2	ومين	100	60	30	70	3 Hrs.
Problems of higher levels sports	2	50 <u>1</u> 8 C	100	603	30	70	3 Hrs.
Computer (2)	2		100	60	30	70	3 Hrs.
Sports training physiology (2)	2	10	100	60	30	70	3 Hrs.
Physiological measurements	2		100	60	30	70	3 Hrs.
	16		800	480	14 C		

Second year

Curriculum	Wee lectures	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Evaluation in sports training	2	-/	100	60	30	70	3 Hrs.
Applications (sports training)	2	(100	60	30	70	3 Hrs.
Seminar (1)	2	4	200	120	60	140	3 Hrs.
Planning sports training programs (2)	2	FAC	100	60	30	70	3 Hrs.
Training and competition psychology	2	ı	100	60	30	70	3 Hrs.
Basics for training beginners	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			·

Sports Administration First Year

Curriculum	lectures	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Advanced Statistics	2	-	100	60	30	70	3 Hrs.
Physical education philosophy	2	-	100	60	30	70	3 Hrs.
Advanced studies in sports administration	2	1000	100	60	30	70	3 Hrs.
Sports media	2	1010 €	100	60	30	70	3 Hrs.
Computer basics	2		100	60	30	70	3 Hrs.
Sports marketing (2)	2	15- 6-	100	60	30	70	3 Hrs.
Administrative leadership	2	-11	100	60	30	70	3 Hrs.
	16	14/1/	800	480	1/33	1	2

Second year

9	Wee	kly Hrs.					Timing
Curriculum	lectures	application	Final mark	Minimal mark	Annual works	Written test	of written test
Evaluation in sports administration	2	(- (100	60	30	70	3 Hrs.
Applications (sports administration)	2	7	100	60	30	70	3 Hrs.
Seminar	2	44	200	120	60	140	3 Hrs.
Sports planning	2	-	100	60	30	70	3 Hrs.
Communication theory	2	-	100	60	30	70	3 Hrs.
Sports administrative development	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			

Sports Health First Year

Curriculum	lectures	kly Hrs.	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Advanced Statistics	2	-	100	60	30	70	3 Hrs.
Physical education philosophy	2	2009	100	60	30	70	3 Hrs.
Advanced studies in sports physiology	2	2018	100	60	30	70	3 Hrs.
Advanced studies in sports health	2	4	100	60	30	70	3 Hrs.
Computer (2)	2		100	60	30	70	3 Hrs.
Sports nutrition (2)	2		100	60	30	70	3 Hrs.
Anthropometric measurements	2		100	60	30	70	3 Hrs.
3.	1 <mark>6</mark>		800	480	100		

Second year

Curriculum	Wee lectures	application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Evaluation in sports physiology	2		100	60	30	70	3 Hrs.
Applications (sports physiology)	2	FACI	100	60	30	70	3 Hrs.
Seminar	2	4	200	120	60	140	3 Hrs.
Internationally Prohibited drugs (2)	2	-	100	60	30	70	3 Hrs.
Sports rehabilitation	2	-	100	60	30	70	3 Hrs.
Physiological measurements	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			

Sports Psychology First Year

Curriculum	Wee lectures	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Advanced Statistics	2	-	100	60	30	70	3 Hrs.
Physical education philosophy	2	ومنن	100	60	30	70	3 Hrs.
Advanced studies in sports psychology	2	2018	100	603	30	70	3 Hrs.
Higher order mental processes (2)	2	17- 4-4	100	60	30	70	3 Hrs.
Computer (2)	2	- A A	100	60	30	70	3 Hrs.
psychometrics	2		100	60	30	70	3 Hrs.
Sports character psychology (2)	2		100	60	30	70	3 Hrs.
d. I	16	-	800	480			

Second year

Curriculum	lectures	kly Hrs. application	Final mark	Minimal mark	Annual works	Written test	Timing of written test
Evaluation in sports psychology	2	TOV	100	60	30	70	3 Hrs.
Applications (sports psychology)	2	FAC	100	60	30	70	3 Hrs.
Seminar	2	4	200	120	60	140	3 Hrs.
Training and competition psychology	2	-	100	60	30	70	3 Hrs.
Sports psychologist as a career	2	-	100	60	30	70	3 Hrs.
Psychological problems of athletes	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			

Sports Recreation First Year

	Wee	kly Hrs.	Fina		Annua		Timin
Curriculum	lecture	applicatio	l mar	Minima 1 mark	1	Writte n test	g of writte
	S	n	k		works		n test
Advanced	2	-	100	60	30	70	3 Hrs.
Statistics	_						
Physical	2		100	<i>c</i> 0	20	70	2 11
education philosophy	2	-	100	60	30	70	3 Hrs.
Advanced		- 2 LO		CL.			
studies in	9/	all Green		180	2/4.		
sports	2	018 #	100	60	30	70	3 Hrs.
recreation	a different	. 10100	0 0	10	Che.	h	
Recreationa	2		100	60	30	70	3 Hrs.
1 facilities	<u> </u>	91	100	00	30	70	J IIIs.
Computer	2	No Police	100	60	30	70	3 Hrs.
(2)		000			9/1	. 100	
Leadership		4	100	60	20	70	2 11
in sports	2		100	60	30	70	3 Hrs.
recreation Economics					1100		CO.
of sports	2		100	60	30	70	3 Hrs.
recreation	2		100	00	30	70	5 1118.
- Istron	16	-	800	480			

Second year

Curriculum	Wee lecture	kly Hrs. applicatio n	Fina l mar k	Minima 1 mark	Annua 1 works	Writte n test	Timin g of writte n test
Evaluation in sports recreation	2	Toy .	100	60	30	70	3 Hrs.
Application s (sports recreation)	2	FAC	100	60	30	70	3 Hrs.
Seminar	2	4	200	120	60	140	3 Hrs.
Sports recreation psychology (2)	2	-	100	60	30	70	3 Hrs.
Sports recreation as a career	2	-	100	60	30	70	3 Hrs.
Planning Sports recreation	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			

٣.

Sports Biomechanics First Year

	Wee	kly Hrs.	Final	Minimal	Annual	Written	Timing of
Curriculum	lectures	application	mark	mark	works	test	written test
Advanced Statistics	2	-	100	60	30	70	3 Hrs.
Physical education philosophy	2	ومين	100	60	30	70	3 Hrs.
Principles of sports movements	2	2078 C	100	60	30	70	3 Hrs.
Kinematical analysis	2	- 7.4	100	60	30	70	3 Hrs.
Computer (2)	2	100	100	60	30	70	3 Hrs.
Biomechanical analysis of motor skills	2	- //	100	60	30	70	3 Hrs.
Biomechanics (2)	2		100	60	30	70	3 Hrs.
	16	-	800	480	100		TA

Second year

1 5	Wee	kly Hrs.					Timing
Curriculum	lectures	application	Final mark	Minimal mark	Annual works	Written test	of written test
Evaluation in biomechanics	2		100	60	30	70	3 Hrs.
Applications (biomechanics)	2	FACI	100	60	30	70	3 Hrs.
Seminar	2	4	200	120	60	140	3 Hrs.
Computer in handling motor data	2	-	100	60	30	70	3 Hrs.
Advanced readings in movement sciences	2	-	100	60	30	70	3 Hrs.
Advanced readings in biomechanics	2	-	100	60	30	70	3 Hrs.
	12	4	700	420			

General Provisions:

Article 35:

Student's registration for gaining the Master or PhD degrees can canceled if he\she fails to gain the degree during five years after registration unless the faculty council gives an extension for one year upon a reasonable recommendation from the supervisor after her approval of the concerned department council. Foreign Students: 2018 33

Papers of foreign students can be received directly through the faculty including the following:

- 1- The general secondary certificate (signed and stamped).
- 2- The university qualification certificate (signed and stamped).
- 3- The embassy letter to identify the financing body and the embassy approval of study.
- 4- A photocopy of the passport.
- 5- (3) Questionnaires and (3) Status forms.
- 6- To have a residence inside Egypt.
- 7- Papers are to be introduced to the general directorate of foreign students by the university administration.
- 8- The student is not registered until he \ she receives the university final approval and pays of all fees in pond sterling.
- 9- The student should be committed to the internal regulations of attending at least 75% of study days and stays in Egypt for at least half of the study period.

Fees for foreign students:

1- Fees in Egyptian pond:

- 260 L.E. for Diplomas and Master.
- 360 L.E. for PhD.

2- Fees in Pond Sterling:

For Diplomas and Mater:

- (1200) Pond Sterling for Arts Students.
- (1750) Pond Sterling for science students.

For PhD.

- (2000) Pond Sterling for Arts Students.
- (2500) Pond Sterling for science students

Instructions:

- All information, including mailing address, should be written in good and clear handwriting.
- Papers are to be put in an envelope with the name, address and qualifications of the student and the type of study and specialization.
- Papers are handed personally.
- No fees are to be returned after administering papers.
- No student is to be transferred after administering papers.
- The student is not considered as admitted until the final approval of the university.
- Part-time students who are registered in the second year are to pay of all fees.

Procedures of test postponement:



- Test postponement is to be delivered one week before tests and during tests and only medical and forced excuses are approved.
- The student delivers his\her postponement report to the name of Prof. Dr. dean of the faculty with the medical report of his\her case or the Military call letter. Medical excuses are approved first from the medical supervision then the faculty council for final approval.

Note:

Medical excuses for subjects at which the student is excluded are not approved.

General Provisions:

- According to the amendments done on articles (24, 28, 34) and the application of the ministerial decision no. 2335 issued in 23\11\2004 students failing in any of the required courses are given one chance to repeat the failed course and test the next year.
- Student's registration for gaining the Master or PhD degrees can canceled if he\she fails to gain the degree during five years after registration unless the faculty council gives an extension for another period upon a reasonable recommendation from the supervisor.

General provisions for typing and printing Master and PhD theses in Tanta University

Aims:

- 1- To guarantee the easiness of reading and reviewing.
- 2- To guarantee following the scientific rules in organizing graphs, forms, references, introductions, and results.
- 3- The ability to photocopy and electronically save theses without affecting its contents or reproducing its shape.
- 4- Guaranteeing the quality of printing and coverage.
- 5- Decreasing the storage spaces and the costs of printing and coverage.
- 6- Establishing an ID for each thesis so as to facilitate its exchange with other universities.

General provisions for typing and printing:

- 1- Theses are printed on normal size book pages (20cm L X 14 cm W for writing). The white margin should be towards the book tail (3.5 cm before coverage to the right if Arabic or to the left of English) on white sheets (80gm) with laser print for hardcopy and on CD for softcopy.
- 2- Texts are printed with font size (12) and marginal headings with (13 B) and main headings for chapters with (15B).
- 3- Fonts used are: Times New Roman for English and Arabic Transparent for Arabic. Printing should be on both faces of the page.
- 4- Chapter title should be written on a separate paper.
- 5- The Thesis should be arranged as follows:

- Introduction.
- Research problem and related literature.
- Chapters.
- References.
- Appendixes

6-Theses should be put in a hard cover (Black for master's and Brown for PhDs). On the cover, with golden print the following should be written:

- University, faculty and department on top right-hand corner (font size 14).
- Title of thesis in the middle (font size 24).
- The degree to be gained with that thesis.
- Name of researcher and supervisors.
- Academic year.
- On the tail, you should write the faculty, title, researcher's name as academic year.
- 7- The final form of the thesis should be as follows:
 - First page includes University, faculty, department, title, researcher's name, degree, supervisor (s) and academic year.
 - Second page includes the abstract.
 - Third page includes thanks and dedications.
 - Fourth page includes contents.
 - Index of shapes (numbered with letters)
 - Index of tables (numbered with letters)

- 8- Each thesis is divided into chapters according to the used approach. The first chapter is for the nature of problem, aims, literature and methodology. The last chapter is for findings and recommendations. Numbering begins from the first chapter.
- 9- Each shape is numbered at the bottom of the page (1cm) with the number of chapter (example shape 2-6 means shape number 6 of the second chapter). Tables are named and numbered on top (1cm) with the same method as shapes.
- 10- Pages are numbered at the center top.
- 11- The max for marginal headings numbering is only three level (ie; 1 then 1/1 then 1/1/1). Any other marginal headings are numbered with letters. No brackets are used for numbering the first level.
- 12- In case of graphs, maps and pictures that take bigger spaces, they will be put on appendixes suitable for the thesis size.

Post graduate studies library:

The library plays a vital role in developing the educational and research processes inside the faculty through the internal borrowing system for post graduate students and staff members.

The library provides the following services:

Internal Borrowing:

For books and references to be read inside the library hall.

External Borrowing:

For staff members and post graduate studies after paying of fees

Photocopying:

For books and references that are not allowed for external borrowing.

E-library and computer printouts:

According to the library system.

Regulation for Publication in the Scientific Journal of Physical Education Sciences

First: Publication Fields

- Articles, research, studies, and projects of staff members in all fields of physical education, sports, social services, and environmental development.
- Physical education and sports research in all fields related to education, training, administration, recreation, health, and social, psychological, and educational sciences.

Second: Issuing

- The journal is issued periodically every three months or upon completion of approved research.
- Research and studies are published in order of receiving and according to the rules and regulations of the journal.

Third: Publication regulations

- The researcher provides three copies (written with a word processor) and a CD to make ease of making any necessary changes after approval and reprinting the research according to the unified system of writing the journal.
- Material is to be delivered personally to the editorial secretary or via regular mail to vice dean for research and post graduate studies on the following address:

- Faculty of Physical Education Tanta University Seberbay Tanta.
- Payment of 150 L.E. (not returned).
- The research is the responsibility of the researcher concerning being not published before or admitted to any other magazine.
- The first page includes the research title, researcher (s) name and job
- Pages are left without numbering.
- Pages are not to exceed 15 pages without appendixes
- The publisher pays 200 L.E. as a contribution for publishing inside Egypt and 200 \$ for research from outside Egypt.
- If pages exceed 15 pages, each single page will be charged with 10 L.E.
- Approved writing language is Arabic with a summary and abstract in English according to the specific model.
- Only one copy of the journal is sent to the researcher when published for each research with full fees payment.
- Only professors are allowed to deliver their research works without paying revision fees while all other provisions are applied.

Fourth: General Provisions:

- The publisher receives an acceptance letter for the research until the journal is issued.
- The magazine only publishes research works approved by the magazine's committee.

- No research works are accepted only for revision, no matter the circumstance is, and all admitted works should be published with all fees played.

Educational Technology Lab:

This lab contains audio-visual devices and physiological measurement equipments. The lab helps the staff members and students in doing research and physical measurements.

The lab works with borrowing system:

- Internal borrow for staff members.
- External borrow for staff members and post-graduate researchers with certain charges.

The Internet Unit:

The unit provides the following services:

- e-mail services.
- Internet subscription (3 months or 30 hours), (annual or 120 hours) or (separate hours).
- Printing research and scientific papers from the internet.
- Making scientific searches over the internet.
- Current announcement service. This is a unique service that provides subscribed staff members and students with up-to-date information about certain topics of interest. Subscribers receiving this service are those who subscribe for 3 months or one year.